Mastering stakeholders' engagement to reach national scale, sustainability and wide adoption of digital health initiatives: lessons learnt from Burkina Faso

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ABSTRACT

Although low-income countries have recently seen an exponential flourishing of digital health initiatives, the landscape is characterised by a myriad of small pilots that rarely reach scaling, sustainability and wide adoption. The case of Burkina Faso represents an exception where a digital health initiative initially conceived to improve the diagnosis of sick children under 5 has supported millions of consultations. Technical aspects such as interoperability, standardisation, and adaptation to the existing infrastructure were considered as they are prerequisites for scaling; so was the demonstration of the health impact and affordability of the initiative. Beyond those factors which are largely documented in the literature, the experience in Burkina Faso showed that the positive outcome was also determined by the support of numerous stakeholders. A vast network of stakeholders from the Ministry of Health to child caregivers is involved and each of them could have either blocked or promoted the digital health initiative. Thanks to an extensive, time-consuming and tailored stakeholder strategy, it was possible to avoid potential blockages from multiple actors and gain their engagement.

INTRODUCTION

The WHO puts digital health initiatives and greater use of technology and health information systems at the heart of achieving affordable and universal access to care.¹ One main issue impacting digital health in low/middle-income countries (LMICs) has been the inability to overcome fragmentation and going beyond the pilot phase. The case of Uganda is both well known and not isolated: in 2012 the country imposed a moratorium to face the overwhelming spread of scattered digital solutions in the country.² It was the beginning of the so-called *pilotitis* phenomenon: a prolific dynamic that prevents digital health to fulfil its expectation to support Universal Health Coverage. Nowadays, any African country hosts hundreds of digital

health solutions: they are often similar, not interconnected, at small scale, with no sustainability plan, and lack adherence.

In the last years, the international community has taken numerous actions to support digital solutions' scale-up. In 2012, the WHO urged countries to develop their own digital health strategy and published a National eHealth Strategy Toolkit. In 2015, the WHO, the United Nations Foundation and Johns Hopkins University Global mHealth Initiative jointly developed the mHealth Assessment and Planning for Scale Toolkit,³ which includes a self-scoring matrix to examine digital health project maturity. It was then followed by the development of donors investment principles for digital health. Multilateral initiatives like the Digital Impact Alliance and Digital Square were launched with the aim to foster an enabling environment for digital health.

Despite the recent efforts to address pilotitis, results are still lagging behind. Furthermore, the recent COVID-19 pandemic has brought additional fragmentation in the digital health landscape. Very few cases have reached scale in LMICs: the WHO Atlas which aims to map out existing digital health solutions reports 42 projects self-identified as at scale, out of the 649 registered.⁴

THE HUMAN FACTOR IN DIGITAL HEALTH: AN OVERSIGHTED AREA

The bulk of actions to address pilotitis at global level has focused on the technical and technological perspective and has overlooked or even neglected the human factor of the multiple stakeholders involved. Conversely, an analysis based on real-life case studies of scaling digital health in LMICs⁵ has

identified the human factor of users as one of the five key focus areas critical for successful scaling (the other four being programme characteristics, technical factors, the features of the healthcare ecosystem and broader extrinsic ecosystem). Finally, the recent digital implementation investment guide⁶ emphasises the various stakeholders related to a digital health solution which need to be taken into account.

In this article, we described the case of Burkina Faso which hosts one of the rarest digital health initiatives at scale in sub-Saharan Africa, where the human factors proved to be instrumental for such an unprecedented result.⁷ We also highlighted the constellation of stakeholders that could have blocked or enabled the scaling of the digital health initiative and the actions undertaken to incentivise each stakeholder to support its adoption. Although it was not described here, one should notice that all digital requirements should be met at start: design with the users, use open standards, open source, ensure interoperability and adaptability, address privacy and confidentiality, etc. Integration in the existing system was also ensured. The technical profile was driven by simplicity favouring a frugal solution to function with low internet bandwidth and with the ability to work offline in case of no coverage. The lack of electricity was addressed by setting up solar panels. The above measures were prerequisites for scaling and adoption.

ONE OF THE LARGEST DIGITAL HEALTH INITIATIVES: THE EXAMPLE OF BURKINA FASO

Burkina Faso is a low-income Sahelian country with an economy mostly based on agriculture.

Ranked as 144th among 157 countries in the new Human Capital Index, 40.1% of the Burkinabé population lives below the national poverty line. Burkina Faso

is predominantly rural and faces multiple crises, namely food insecurity and terrorist attacks. The healthcare system is composed of three levels, the first contact for the population being the primary healthcare facility managed by a nurse (figure 1). Healthcare workers (HCWs) are poorly trained, and the health system faces high turnover. The country is characterised by a high burden of infectious diseases such as malaria and pneumonia, facilities under-resourced and hard to reach. Despite recent significant improvements in child mortality, almost 1 child out of 10 still dies before the age of 5 years.⁸

Over the past 10 years, the Ministry of Health (MoH) of Burkina Faso and the international non-governmental organisation (NGO) Terre des hommes Foundation have partnered to design and deploy the Integrated e-Diagnostic Approach (IeDA),⁹ a digital strategy to support primary healthcare. Frontline HCWs use a tablet helping them to follow each step of the national protocol for the management of sick children under 5 years of age. On introducing all the signs, symptoms and test results as prompted by the digital system, a diagnosis and recommended prescription are suggested to the HCW. The consultation record (known as *Registre Électronique de Consultation*), containing the clinical examination data and test results, is sent to a central server using the mobile network. Other clinical protocols were afterwards digitised and integrated, reaching a larger spectrum of services such as antenatal and postnatal care as well as family planning. The addition of three other components, such as data exploitation, coaching and e-learning, offered important features to strengthen the health system.

Today, IeDA is implemented in about 1300 primary health centres (PHCs), which represents 70% of the PHCs in the country, with plans to increase coverage up

Figure 1 IeDA's intervention in the Health System structure highlighted in orange. DHIS2, District Health Information System 2; IeDA, Integrated electronic Diagnostic Approach; Tdh, Terre des hommes.

Table 1 Stakeholders' map with their main interest in leDA

Stakeholder	Why interested in leDA
Agency for Technology and Information Communication within the ministry in charge of digital solutions (Ministère du Développement de l'Economie Numérique et des Postes)	To host the database locally with high-level security and maintenance at the data warehouse
National Insurance Scheme within the Ministry of Civil Servants (Ministère de la Fonction Publique, du Travail et de la Protection Sociale)	To ensure quality service purchases To use financial data for its information system, to ensure a close costs monitoring
Family Health Directorate	To increase clinical protocol adherence To remotely identify healthcare workers' capacity-building needs To use data for informed decision-making process
Directorate of Health Information System (DSIS)	To improve analytics and develop sophisticated artificial intelligence-powered tools To ensure REC application's administration
Directorate of Statistics	To boost data collection and increase its reliability To ease reporting burden
Universal Health Coverage Technical Secretariat	To introduce smart health financing and digitalise other levels of the health system To increase standard of care throughout the health system
National Program Directorates (tuberculosis and malaria)	To improve diagnosis and treatment
Health district managers	To support supervision To improve district management To support surveillance
Healthcare workers	To simplify the clinical consultations and reduce the reporting burden
Child caregivers	To benefit from a high-quality service

In yellow, Ministry of Health; in white, other ministries.

leDA, Integrated electronic Diagnostic Approach; REC, Registre Électronique de Consultation.

to 100% in the next years. The HCW adherence to using the electronic tool has been over 90% on average.¹⁰ A 36-month handover process will be completed by the end of 2021, resulting in the full lead being handled by the MoH and data stored on the national cloud.

A HOLISTIC STAKEHOLDERS' STRATEGY TO GAIN THE LARGEST SUPPORT

The list of stakeholders who played a critical role in scaling the initiative is long, ranging from the MoH at national level, other ministries involved, health managers at regional and district level to HCWs and child caregivers (CCGs). These stakeholders represent a complex network with specific needs and interests (table 1); the ability to manage it has been instrumental to the final outcome in terms of scale, sustainability and eventually wide adoption.

A strategy to deal with stakeholders both collectively and individually was laid out, and substantial resources were spent to engage with each of them, showcase benefits and address potential resistance, and navigate through possible diverging priorities (table 2).

Many digital health initiatives have failed to gain the level of acceptance required by the MoH for their integration into national health systems that would enable sustainability and population-wide application.¹¹ As many international funds are channelled via the MoH, their buy-in is also useful to secure necessary funds. Providing evidence on the health impact by the digital

solution and its affordability is essential in the institutionalisation process. Consequently, a threefold evaluation to analyse impact, financial costs and acceptability was conducted by the London School of Hygiene and Tropical Medicine (LSHTM) between September 2014 and November 2017.

The MoH was brought in the digital initiative from the very conception stage. The creation of a digital job aid could have been an opportunity to further improve the WHO-UNICEF clinical protocol adopted by the country, but the initial choice was to faithfully digitise the protocol so as to gain rapid approval. Then, gradual small enhancements to the protocol were proposed and approved later over time. A steering committee with the MoH and key health partners like WHO and UNICEF was set up to monitor progresses, agree on next steps and address bottlenecks encountered throughout the process. The operations were led by Terre des hommes while the MoH, supported by the steering committee, was on the driving seat.

The ministry in charge of digital solutions (Ministère du Développement de l'Economie Numérique et des Postes) was brought in later, that is, when the discussions to institutionalise the solution and host the database domestically started. In 2017, the Ministry of Civil Servants (Ministère de la Fonction Publique, du Travail et de la Protection Sociale) also became an influential stakeholder when an independent actual assessment recommended that leDA should be extended to all PHCs

Table 2 Diverging priorities: tensions between consolidation and further developments within the Ministry of Health stakeholders at national level

Stakeholders	Improve data analytics and dashboards	Increase geographical coverage	Capacity building	Additional clinical modules	Additional management features	Additional health level
Family Health Directorate	x	x	x			
Directorate of Health Information System	x		x			
Directorate of Statistics	x	x		x	x	
Universal Health Coverage Technical Secretariat		x		x	x	x
National Program Directorates (tuberculosis and malaria)	x			x	x (malaria)	

In grey, consolidation items; in orange, development going beyond the initial scope.

for the purchase of high-quality healthcare under the National Insurance Scheme.¹²

At a more granular level, the MoH comprises different directorates that might have diverging and sometimes conflicting interests in the digital solution. The directorate in charge of family health in Burkina Faso welcomed IeDA as a way of boosting the clinical protocol for sick children whose adherence was very low, the Directorate of Statistics as a potential for boosting data collection and increasing their reliability, the Directorate of Health Information System as an opportunity to develop sophisticated artificial intelligence-powered tools, the Secretary of Universal Health Coverage as an opportunity for smart health financing, the National Program Directorates (ie, malaria and tuberculosis) as a means to improve diagnosis and treatment. A tailored approach was adopted to address directorates' interests on an individual basis and gain widest support. It implied that new features were occasionally added to the digital solution to satisfy specific appetites. The smooth exchanges were possible thanks to an in-depth knowledge and understanding of the main system's vision, internal politics and dynamics even beyond the health sector, influential persons, bottlenecks, commitments in terms of health targets, policies and resources. This helped the digital solution to navigate through the turnover of ministries, general directors and general secretaries. Finally, the opportunity to present the digital initiative at prestigious international fora nurtured a growing champions' network within the MoH.

After such an endeavour, when the pilot phase was over, the MoH proactively requested The Global Fund to support IeDA's geographical expansion. Without this strong push, despite showing promising results, IeDA would have probably not had the resources to go beyond the pilot phase like many other digital health initiatives.

IDENTIFYING FUTURE CHAMPIONS

Although high level MoH support is a prerequisite for success, it is certainly not sufficient. It requires to gain buy-in at an operational level too. The regional health managers and the Heads of health Districts (HoDs) translate the MoH policy in the territory and require additional or different incentives to adopt new digital tools. HoDs often have professional ambitions to manage a larger district or go back to the central level and their main objective is to maximise district performance. HoDs were provided dashboards and analytics on their respective PHC's performance based on the data collected by IeDA. As they perceived value in the tool, they requested numerous adjustments and dashboard customisation enabling an easier, faster and more effective supervision role. Up to 18% of the project budget¹³ was spent to continuously improve and customise the intervention for the benefits of the HoDs. HoDs became so engaged that some eventually felt being creators or owners of IeDA.⁷ It is worth mentioning that the digital solution was indeed co-conceived with an extremely motivated HoD who would later continue his career at central level.

The HoDs' support had an unexpected return: as several HoDs regularly moved to other regions, as part of a national mobility plan, they became IeDA ambassadors requesting the central level to bring the tool where it was not yet deployed. This namely resulted in one of the HoDs to raise community funding to buy the necessary material to implement IeDA and speed up its deployment.

A USER-CENTRIC APPROACH

The stakeholders' list reaches the ultimate level of the national health system at the primary care level where HCWs play a crucial role in the adoption of digital health tools.¹⁴ It is of paramount importance that the innovation is conceived to ease the HCWs' routine work and does

not result in adding supplementary tasks to their poorly paid packed day. To reduce HCWs' workload, automatic reporting features were added to IeDA. After each consultation, data are stored so that some time-consuming reporting becomes a matter of a few clicks at the end of the month. The national health information system is also fed by IeDA. In agreement with the MoH, HCWs were no longer required to fill the consultation paper form. The result is a tangible relief for HCWs' daily work,¹⁵ and at the same time a substantial improvement in speed and accuracy of data collection.

Each month, HCWs convene together at district level where monthly dashboards by healthcare facilities are shown and results are discussed. HCWs were encouraged to comment on the results and suggest improvements. This feedback loop allowed the detection of technical issues and to address gaps in the clinical algorithm. It was noticed that HCWs felt appreciated and empowered by this iterative process.¹⁵ Surprisingly, no resistance was observed with respect to the increased scrutiny of performance nor to the automatised of the consultation and the possible loss of control by the HCWs in diagnosing a child.¹⁵

Children are the ultimate beneficiaries of IeDA. Being too small to express their views, they are represented by their CCGs in the stakeholders' network. Prior to tool deployment, focus groups and awareness campaigns among communities are systematically carried out to collect their feedback on the new technology and sensitise them on the benefits. Despite the initial reluctance to change, the 'tablet' quickly gained trust in communities up to the point that CCGs demanded for their children to be consulted by IeDA anytime that was not initially the case, with a beneficial impact on adherence.¹⁵ IeDA increased patients' trust in the quality of the service provision by the healthcare facilities. Finally, CCGs represent an important constituency group which could in turn influence the other end of the stakeholders' network.

DONORS AND OTHER IMPLEMENTERS COMPLETE THE VAST STAKEHOLDER LANDSCAPE

It was namely the relentless motivation of a person employed by one of the digital solution main donors who significantly contributed to IeDA's success. He pushed the continuous improvement of IeDA, shared strategic suggestions, and levered the donor influential position to facilitate exchanges with key players, domestically and internationally.

Partnerships with other NGOs and social entrepreneurs have proven extremely helpful to propose a more comprehensive digital service provision, reach out to new target groups, increase visibility and advocacy lever. As an example, Action contre la Faim and World Vision joined forces with Terre des hommes' IeDA to digitise the continuum of care at community, primary and referral level for a truly integrated and comprehensive management of undernourished and sick children. A new digital

health solution driven by multiple partners with a potential large geographical footprint will further help reduce the risk of fragmentation and pilotitis.

RECOMMENDATIONS

Several recommendations for digital health initiatives around the globe might be drawn from the unique achievements in Burkina Faso.

A digital health initiative—irrespective of its size—represents a novelty, triggering a diverse multitude of direct and indirect changes, including resistance. To maximise the chances of its integration in the existing system, conducting evaluations including impact study, cost study as well as realistic study has proven instrumental for its wide adoption. As developing effective digital health solutions demands a deep understanding of the behaviour of the wide system and its actors, implementation research analyses were carried out to explore the complex dynamics and identify supportive actions.

The experience in Burkina Faso shows that a whole change management approach is required to address the sometimes diverging needs and wishes of a constellation of stakeholders. The multisectoral nature of digital health implies dealing with a wide range of functions and users, often more than originally expected. We encourage to integrate stakeholder analysis as a core area of focus at the beginning of any digital health initiative and conceive a tailored approach to gain each stakeholder's support. Such activity should be continuously updated throughout the whole project. It is also important to invest in potential champions for the influence they have or might have at both political and operational levels. Mastering and monitoring the entire political landscape—beyond health—might create opportunities for synergies with other unrelated initiatives not originally planned, further improving efficiency of the tool and therefore easing its scale-up. Eventually, being agile and adaptive to the volatile political environment has also proven essential to the success of the scaling-up process and large buy-in.

Achieving the right balance in addressing local needs, donors' agenda and various interests is complex but will ensure the ideal stakeholders' support.

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